VISTAGE

Vital questions: Executives in transition

As an executive in transition, you're considering what's next in your life. Rather than jumping into the next attractive business offer that comes along, you have a great opportunity to ponder deeper questions about what you really want, how to shape your life and how to impact the world around you. Take some time to consider these eight questions:



1. What do I want the next phase of my life look like after working so hard for so many years?

Given a blank canvas, how would you design your ideal life for the next 10 years? What kinds of activities would your ideal life include (and exclude)? How do you want to spend your days? What are you passionate about?

2. What would give me a greater sense of meaning, purpose and fulfillment?

If you were at the end of your life looking back on your late-career years, what would make you feel proud and satisfied? To what mission bigger than yourself have you contributed?

3. How can I give back?

What do you have to give and to whom? How would you like to channel your gifts to worthy people or causes?

4. What can I do that will leverage my decades of experience, knowledge and acquired wisdom?

How can you take all you've learned and accomplished and apply it, practically and purposefully?

5. How can I continue learning and growing?

There's an old saying: You're either green and growing, or ripe and rotting. What would keep you fresh, engaged and inspired?

6. How can I earn money, without jumping back on the treadmill?

At this stage of life, it's natural to seek greater meaning, purpose and fulfillment. How can you do this and still meet your financial needs?

7. What can I do that will allow me the time I want for myself and my family?

In your career up until now, you've probably worked long, hard hours at significant sacrifice to your personal and family time. How can you give yourself and your family the time you deserve?

8. How can I make a difference and leave a legacy?

How could you leave the world or your community a better place for others?